



# COMMISSION ON AGING

Clifford J. Hurgin Municipal Center, 1 School Street  
Bethel, Connecticut 06801 Telephone: (203) 792-3048

The meeting of the Commission on Aging for October 11, 2011 was called to order at 2:35 p.m. by Treasurer Lou Walsh.

**Members present:** Commissioners Ann Cummings, Mary Menti, Barbara Negri, Treasurer Lou Walsh, and Assistant Director Heather Rogalski .

**Minutes from the meeting of September 12, 2011:** Distributed and accepted as read.

**Municipal Agent's Report:** None.

**Director's Report:** Distributed by Assistant Director Heather Rogalski and accepted as read. Assistant Director Rogalski noted that the Halloween Party on October 28, \$5, was omitted in the director's report.

**Treasurer's Report:** None available.

**Old Business:** - Commissioner Cummings inquired into the status of the Teen Center space situation. Commissioner Negri stated that First Selectman Knickerbocker had announced that the seniors will get that space when the teens move to a new location.

Treasurer Walsh asked if a new tap dance instructor has been hired. Assistant Director Rogalski told her "not yet." Commissioner Negri stated that she spoke with Kathy and she is looking into WestConn students for that position.

Treasurer Walsh started a discussion about opening up a thrift shop at the Senior Center as Director Oles had suggested at the last meeting. All of the commissioners said that they would be willing to work at the shop and think it is a great idea. Commissioner Cummings suggested we should start collecting items to sell such as clothing, jewelry and notions. Commissioner Negri said perhaps we can get some donations from consignment shops such as Olive's Armoire. Assistant Director Rogalski stated that there is a problem finding space to store any items collected. Commissioner Cummings will continue to look into what the needs would be to start up the thrift store.

**New Business:** - Assistant Director announced that our quilt won second place at the Big E.

**Miscellaneous (Good of the Order):** None.

The meeting was adjourned at 3:15 p.m. by Treasurer Walsh. Next scheduled meeting is 2:30 p.m. on Monday, November 14, 2011.

Respectfully submitted,

*Kay H. Visconti*  
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Secretary, Commission on Aging

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TOWN OF BETHEL  
TOWN CLERK



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## Director's Report Oct. 11, 2011

September started out very wet and two hurricanes didn't help. Luckily most of us managed without power and we are still around to talk about it. We had several events take place this month. Anthony Contento of Connected Home Systems talked about a new way to remain in your home independently. He gave a very interesting talk. Our cat lady that was suppose to talk about Senior Cats for Seniors, canceled on us because she didn't have all the information she needed. She is planning on coming at a later time. The Wii bowling tournament on September 12<sup>th</sup> did not have as good a turnout as we had hoped for, but everyone enjoyed themselves.

Our two trips in September were very well attended. Luckily we had great weather for both outings. The San Gennaro/World Trade Center trip was a little hectic because of all the traffic in the city. Our seniors were terrific and always got to where they were supposed to be on time while having a good time. We had Harry the bus driver (who is our favorite) take us to the Big "E". He hasn't been around for awhile due to illness. The Big "E" is always nice and everyone enjoyed themselves. On September 29<sup>th</sup>, we started the VNA's series of flu shots. They will be here again on October 5<sup>th</sup>, 13<sup>th</sup>, 19<sup>th</sup>, and 27<sup>th</sup>.

September saw the start back of three classes - crafts, chorus, and line dancing. Two of our class teachers, Debbie Burke (tap) and Stephen Kurniri (Tai Chi) will no longer be with us. We were able to hire a new Tai Chi teacher who will be doing her class with Seniors in mind. It sounds very exciting. We are still looking for a new tap dance teacher, but the class will run itself until we find one.

During the month of October, two different physical therapists will be giving seminars on improving one's balance and getting a better night's sleep. Also we will be offering a six-week class for **Living a Health Life With Chronic Condition**. We will be showing the new version of **True Grit** on October 24<sup>th</sup>. Our next AARP driving class will be held on October 24<sup>th</sup>. We are starting to get ready for our annual Christmas Craft Fair on November 17 & 18. We hope all our regulars and people in our exercise classes will bring baked goods and/or home-made items to sell. The craft class, ceramics, and the knitting and crocheting group have been working hard to make items to sell. We encourage all to come to our fair in support of the Center.

On September 26, 1,700 newsletters were distributed, among mailings, deliveries to Bishop Curtis and Reynolds Ridge, and those picked up at the Senior Center. Visiting the Center, we had an average of 99 people/day. We have not started the Needs Assessment process yet because we are still waiting to see the results of the grant written for the Teen Center. Once again our Quilt won a Second place at The Big "E" Fair. Tickets are on sale in the office.

### Trips in 2011-

Oct 11	Oktoberfest at the Aqua Turf-\$71
Oct 25	Mohegan Sun-\$25
Nov 17	My Fair Lady-Westchester Broadway-\$79
Dec 1	New York Botanical Gardens Holiday Train Show-Arthur Ave-\$60

Respectfully submitted,  
Kathleen Oles, Director, Bethel Senior Center