



# COMMISSION ON AGING

Clifford J. Hurgin Municipal Center, 1 School Street  
Bethel, Connecticut 06801 Telephone: (203) 792-3048

The meeting of the Commission on Aging for November 8, 2010 was called to order at 2:33 p.m. by Chairman Al Barney.

Members present: Chairman Al Barney, Commissioners Lou Walsh, Barbara Negri, Mary O'Leary, Mary Menti, Director Kathy Oles and Municipal Agent Kathleen Gillan.

Minutes from the meeting of September 13, 2010 were distributed. A motion to accept the report was made by Commissioner Negri and seconded by Chairman Barney.

Municipal Agent's Report: None submitted. Agent Gillan reported the computer was down and gave a verbal report.

Director's Report: Distributed by Director Oles. A motion was made to accept the report by Commissioner O'Leary and was seconded by Commissioner Menti.

Treasurer's Report: Distributed by Treasurer Walsh. Motion to accept the report was made by Commissioner Negri and seconded by Chairman Barney.

Old Business: Director Oles opened a discussion regarding prospects of acquiring the VNA space. She stated that, much to the seniors disappointment, the Board of Selectman voted for the Teen Center to move in temporarily. Director Oles and the commission will be requesting a space needs assessment for the senior center.

New Business: Director Oles announced a change in the date for the senior Christmas show to December 17. It will be combined with the senior Christmas party.

Miscellaneous (Good of the Order): Chairman Barney announced that he will not be able to attend the COA meeting in January.

The meeting was adjourned at 3:26 p.m. by Chairman Barney. Next scheduled meeting is Monday, December 13, 2010.

Respectfully submitted,

  
Kay H. Visconti  
Secretary, Commission on Aging

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TOWN OF BETHEL  
TOWN CLERK



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## Director's Report October 18 and November 8, 2010

September and October have been very busy. Ana and I attended four eight-hour sessions to become certified to teach a six-week Chronic Disease Self-Management Course. This course is a Stanford University evidence-based course that was developed to help people with chronic diseases live a better life. It is taught in every state and has helped many people. We plan on offering this course in March 2011.

Our computer class has two five-person classes to start out this fall season. Attorney Rosemary Jones came and talked about Elder Law, and we had a very nice Spa day sponsored by Bethel Health Care. Also a new six-week art class started in September taught by Adel Moros. We have had several good trips, which included Mohegan Sun, The Big "E", a trip to Westchester Playhouse to see Jekyll and Hyde, and the Octoberfest at Platzl Brauhaus.

We have started practice for our Christmas show. This will take place on December 17, in the all-purpose room. We had first thought we would have the show on December 3<sup>rd</sup> and 4<sup>th</sup>, but due to a time crunch, and other difficulty, rather than cancel we moved it to our Christmas Party. We are going to do it all in one, lunch and a show all for \$10. Three dollars of each ticket will go for playground equipment for the tots' playground at our local Park. Both Judy Novachek and Debbie Burke are back to help us. The show will be at 3pm each day. We hope you all can come.

The Oktoberfest Craft Fair was very successful. A lot of hard work by many people made it a great two-day event. Our annual Halloween Party, featuring "At The Hop" entertainment was attended by 75 seniors. It was a lot of fun. Every one enjoyed the music and dancing to their favorite rock and roll songs. On November 10<sup>th</sup> we will be having our Veteran's Day breakfast.

The Town Selectmen have decided to let the teens use the VNA space temporarily until they build a new place for them. During each month of September and October, 1,700 newsletters were distributed, among mailings, deliveries to Bishop Curtis and Reynolds Ridge, and those distributed at the Senior Center. Visiting the Center, we had an average of 101 people per day in September and 120 people per day in October.

### Trips in 2010-2011

December 8	Foxwoods -\$45 with Show, \$25 no Show-sold out
January 27-28	Getaway at Mohegan Sun-\$113/pp double
May 6-14	Cruise to Canada - \$1225 to \$2400
April 10	The Mouse Trap- \$67
April 28	Riverhouse-\$71
May 26	Singing in the Rain-Westchester Dinner Theatre-\$79

Respectfully submitted,  
Kathleen Oles, Director, Bethel Senior Center