



BETHEL SENIOR CENTER

Clifford J. Hurgin Municipal Center, 1 School Street
Bethel, Connecticut 06801 Telephone: (203) 792-3048

COMMISSION ON AGING
1 SCHOOL STREET
BETHEL, CT 06801

The meeting of the Commission on Aging for October 5, 2009 was called to order at 2:36 P.M. by Chairman, Al Barney.

Members present: Chairman Al Barney, Treasurer Lou Walsh, Director Kathy Oles, Commissioner Jim Newell, Commissioner Mary O'Leary and Municipagent Kathleen Gillen.

Minutes from the meeting of September 14, 2009 were distributed and accepted as read. An error of the next scheduled meeting (of October 13) was noted by Commissioner O'Leary. A revised agenda will be forthcoming.

Municipal Agent's Report: Distributed and accepted as read.

Director's Report: Distributed and accepted as read.

Treasurer's Report: Distributed and accepted as read.

Old Business: Treasurer Lou Walsh reported receiving two estimates for printing of the Bethel Senior Center Directory and will be getting a third shortly. The plan and study for renovation of the space of the Senior Center was again discussed by Director Oles and the \$5,000 fee for that study. Chairman Al Barney suggested a meeting of all interested seniors with the architecture firm regarding said fee, perhaps in January.

New Business: None.

Miscellaneous (Good of the Order): None.

The meeting was adjourned at 3:17 p.m. by Chairman Barney. Next scheduled meeting is Monday, November 9, 2009.

Respectfully submitted,

Kay A. Visconti
Secretary, Commission on Aging

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TOWN OF BETHEL
TOWN CLERK



COMMISSION ON AGING

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Commissioners' Report October 5, 2009

Last week, we had a very enjoyable trip to the Big "E". Fifty-three people went along with us. This is the biggest group of "E" travelers we have had in a few years. Unfortunately, on the way home our bus broke down, but everything was taken care of very nicely by Coach Tour Bus Company and we were home by 9 PM. Our quilt did well at the Big "E". We got a First Place and a Second Place ribbon.

On September 22 the Public Power Company of Brookfield had information for us on saving money on our electric bill. There are many of these companies in Connecticut that charge less for electricity than CL&P, yet you still get your bill from them. It is an issue worth looking into.

The VNA will be giving out flu shots on several dates this fall. The first two dates are October 8th and 13th. We have been informed that they are not getting their full amount of vaccine and that they will be cutting back their days and hours of distribution. There may be no vaccine available to them in November.

On October 8th at 5:30 PM we will be sponsoring a meeting where veterans can find out if they are eligible for long-term care benefits from the VA. So far, 52 people have signed up. We are also having two different home health care agencies doing programs this month. One, Visiting Angels, will lead a guided program on meditation on October 20; the other, Senior Helpers, is going to provide lunch on October 21. On October 14th, we are going to have a community acupuncture session.

We distributed 1,900 newsletters during the month of September. Visiting the Center, we had an average of 96 people/day, which included three trips and the Monday library book sale in the Café. Most of our classes have started again. Tap dancing and line dancing will start in October. An AARP driver safety class started today and has 21 people in attendance. Our registration program has been very successful. Two students from WestConn are going to be doing their fieldwork with us this fall. We hope these girls will help us load all this information into our computer program.

Don't forget the Senior Center Fair is coming on November 20th & 21st.

Trips in 2009

Oct. 7	42 nd Street musical at Westchester Theater - \$80
Oct. 29	Caribbean Cruise - \$1186 and up.
Nov.12	Titanic: The Artifact Exhibition - \$79
Dec.15	Spinning Wheel Christmas show - \$56
Dec. 3	Foxwoods - \$25

Respectfully submitted,

Kathleen Oles

Director Bethel Senior Center

Commission on Aging – October 5, 2009

Due to the additional funds released for heating assistance by governor Rell last winter, there were some funds available to be used for furnace replacement this summer. It had to be used very quickly> I referred a few elderly households who called me because their furnaces were broke.

Also, due to the additional funding, utility heating customers got an added payment applied to their account this summer.

I was able to access food collected from the postal carriers food drive in May three times over the summer. It was very helpful as donations to the food pantry are scarce during the summer months. Several households of elderly people use the food pantry each month.

Respectfully Submitted,



Kathleen Gillen
Municipal agent for the Elderly