



COMMISSION ON AGING

Clifford J. Hurgin Municipal Center, 1 School Street
Bethel, Connecticut 06801 Telephone: (203) 792-3048

The meeting of the Commission on Aging for September 10, 2012 was called to order at 2:33 p.m. by Chairman Al Barney.

Members present: Commissioners Al Barney, Ann Cummings, Mary Menti, Barbara Negri and Senior Center Director/Municipal Agent Lisa Plumb.

Minutes from the meeting of June 11, 2012: Distributed and accepted as read.

Director's Report/ Municipal Agent's Report: Distributed by Director/Municipal Agent Lisa Plumb and accepted as written. Chairman Barney stated that the report was "excellent and we really appreciate it. You got us all talking and going". All agreed.

Treasurer's Report: None.

Old Business: - Commissioner Cummings stated that she has spoken with "someone that is willing" to volunteer for the treasurer's position that was vacated in January. Chairman Barney suggested submitting something in writing putting that person's name forward, who has agreed to do the job. Commissioner Cummings agreed to write a letter and submit it to the Selectman's office.

-Commissioner Cummings was pleased to note that the bench for the seniors has been installed.

- Commissioner Cummings inquired about a previous discussion regarding a thrift shop. The idea was to use the VNA rooms when they moved out but that space is now temporarily occupied by the Teen Center. She stated that it would bring in more seniors and would be a "great money maker."

New Business: - Director Plumb announced an upcoming round table meeting at the Senior Center on Thursday October 13 at 12:30 to glean suggestions from the members regarding what they are interested in doing (programs, classes, etc.). She stated that she wants our center to be welcoming, comfortable, bright and cheerful, a place to be proud to bring your friends into. She wants to know what people like, what they don't like, what kind of changes they would like to see made down the road and what kind of goals they have.

- Chairman Barney brought up average daily usage numbers. Director Plumb stated, "I think that's vital and is actually a top priority for me to determine a system to get accurate numbers because there is not a system in place right now. There is a system to manually get people to attend lunch and daily activities but walk ins, drop ins new members, there is no system in place for that. There are several systems out there, some of them are very pricey. I met with a lady at the Danbury Senior Center last week to investigate the system she uses..." "It's called My Senior Center." She stated that she will also be investigating other systems.

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TOWN CLERK

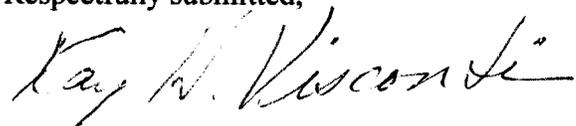
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- Chairman Barney asked Director Plumb if she found a new computer instructor. She stated that they did. Commissioner Cummings asked if the computers would be available to the seniors. Director Plumb stated that she has told people to call to see when they would be available. She also mentioned that the Bethel High School is allowing seniors the use of their computers. Chairman Barney asked if we have Wi-fi. The answer is no. Director Plumb stated that she met with the superintendent and the principal at the high school and "they are very open to programs, they want to establish a relationship with us, they want us doing programs over there and they want to come over here, so they had some really fantastic ideas but we have to get some of these things in place."

Miscellaneous (Good of the Order): Chairman Barney welcomed the new Senior Center Director Lisa Plumb and introduced her to the Commissioners.

The meeting was adjourned at 3:26 p.m. by Chairman Barney. Next scheduled meeting is 2:30 p.m. on Tuesday, October 9, 2012.

Respectfully submitted,

A handwritten signature in cursive script that reads "Kay H. Visconti".

Kay H. Visconti
Secretary, Commission on Aging



BETHEL SENIOR CENTER

Clifford J. Hurgin Municipal Center
1 School Street, Bethel, CT. 06801
Telephone: 203-792-3048; Fax: 203-744-3812

Report to the Commission on Aging: 9-10-12 Bethel, CT.

OLD BUSINESS

Kathy Oles retired on July 20, 2012. Lisa Plumb began as the new Director 7/30/12.

NEW BUSINESS

1. Lisa is in the process of getting quotes on purchasing a new stove.
2. Lisa spoke to Matt Knickerbocker, Selectman, regarding the Needs Assessment. It was decided to wait one year to have the needs assessment done.
3. Lisa has met with several people to introduce herself and establish a relationship with the Bethel Senior Center, introducing the program and future goals. The following is a list of people she has met with:
 - Cheryl Jackson, CT Dept. of Social Services, Aging Services Division
 - Judith Jenks, CAMA, CT. Association of Municipal Agents commission officer
 - The Southbury Senior Center Director
 - Lisbon Senior Center Director
 - Cappy, Bishop Curtis Homes, Residential Services Coordinator
 - Eileen Earle, Parks & Recreation Director
 - Friends of the Seniors, attended a meeting 8/13/12
 - Hilda DeLucia, Teen Center Director
 - Bethel Library staff
 - Dr. Kevin Smith, Superintendent
 - Wendy Seller, Assisted Transition Services
 - Bobbi Jo, Bethel Chamber of Commerce
 - Bethel High School Principal, Chris Troetti
 - Danbury Senior Center, Susan Tomanio
 - Blair Soucy, from Getaway Tours
 - Friendship Tours staff
 - Cruise Holidays: Lynn Strewson
 - Comcast Cablevision, met David King. Set up appointment.

4. **Programs / Events**

Dr. Deveney presented a program on Joint Pain and Replacement on 8-7-12. 20 members attended.

Nancy Salem, Nutritionist, presented a program on "Food with Color" on 8-21-12. 15 members attended.

A special event was held 8-10-12. A Grandparents Day luncheon and movie was enjoyed by 47 members/guests.

5. **Trips / Travel:**

Two trips were held the past month. 36 members enjoyed an excellent Beach Boys tribute at the Aqua Turf Banquet Hall in Southington, CT.; 44 members enjoyed a trip to NYC for a Yankee baseball game. The weather was perfect.

Lisa and Marie attended a Travel-Fest in Hartford from Friendship Tours promoting upcoming trips/travel for 2012-2013.

6. **New/ Upcoming Programs:**

The following new programs were added during the month of August/September:

- Flu Clinics
- "Going Green" Recycling program
- Craft Classes
- Balance class
- Computer classes
- Cake decorating
- Live Well Workshops
- The BSC is holding an Essay Contest entitled: My Life, My Time, My Way.

The following is a list of upcoming programs planned for October:

- Basket Weaving
- Card Making
- Geneology
- Music Appreciation
- Healthy Cooking Class
- Trivia
- Journaling

The Friends of the Seniors are hosting their annual Card Party October 19.

A gift store opened September 7 in the Senior Center. A large display case was generously donated by The Bicycle Goodie Shop in Bethel when the store closed the first weekend in September. An additional display case was donated as well and will be used for a new Bethel Library Book Loan program.

7. **Volunteer Program**

A volunteer program has been established and volunteer forms developed.

There has been a group working as volunteers while on strike from Danbury Healthcare. They cleaned/organized closets, organized the craft room, painted a storage area, distributed supplies to proper locations, and painted a bathroom.

8. Accidents / Incidents

A Bethel Senior Center Accident / Incident report form was developed.

1. Two accidents to date. While on a trip during lunch a woman became unresponsive. 911 was called and the woman transported to the local hospital. She was released the next day feeling better.

2. A man tripped on his sandal while entering the cafe for the Toastmasters Group. He fell to the floor hitting his head on the floor. He had a head injury and 911 was called. He was transported to Danbury Hospital.

9. Municipal Agent Report:

Nine inquiries in the month of August/September regarding loan equipment, Lifeline application, heating assistance, and rental and housing referrals.

Two pieces of equipment were loaned to residents of Bethel.

Respectfully submitted,



Lisa Plumb
Senior Center Director / Municipal Agent