



COMMISSION ON AGING

Clifford J. Hurgin Municipal Center, 1 School Street
Bethel, Connecticut 06801 Telephone: (203) 792-3048

The meeting of the Commission on Aging for April 9, 2012 was called to order at 2:50 p.m. by Chairman Al Barney.

Members present: Commissioners Al Barney, Ann Cummings, Mary Menti and Director Kathy Oles.

Minutes from the meeting of March 12, 2012: Distributed and accepted as read.

Municipal Agent's Report: None.

Director's Report: Distributed by Director Kathy Oles and accepted as read.

Treasurer's Report: None.

Old Business: - Commissioner Menti inquired into the status of the stove. Director Oles stated that it will be included in the new budget.

Director Oles also stated that the needs assessment program is still being researched. Commissioner Menti asked if there was any news about the Teen Center. Director Oles stated that there has been none.

Regarding Director Oles' retirement, she stated that her last working day will be July 27, 2012 and her job opening will be posted. A discussion followed regarding the requirements of her job.

Commissioner Cummings brought up the bench for the seniors to use while waiting for the bus trips, etc. Chairman Barney stated that he still felt it could be built by the seniors and recommended that it should be heavy duty and anchored. All were in agreement.

New Business: - None.

Miscellaneous (Good of the Order): None.

The meeting was adjourned at 3:27 p.m. by Chairman Barney. Next scheduled meeting is 2:30 p.m. on Monday, May 14, 2012.

Respectfully submitted,


Kay H. Visconti
Secretary, Commission on Aging

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Commission on the Aging

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Director's Report April 9, 2012

On March 15th, we traveled to New Jersey for one of the best St. Patrick's Day trips in the history of the Center. The food, music, and entertainment were excellent. It was a beautiful day and everyone enjoyed themselves. The company that put this production on is called "Ace in the Hole". Everyone loved it.

We had several visiting speakers this month who talked to us about nutrition, energy, tax prep, social security, and fraud. The AARP Tax Prep people have been very busy, too. Every week during March, their schedule has been full.

Also this month, we started three sets of classes: an 8-week session of Tai Chi; an 8-week session on computer basics; and on March 26th, Ana and I started another **It's Your Life, Live it Well** 6-week workshop. We have nine Seniors taking the class. By the end of the month, the top of our Quilt will be done and we can start Quilting in May.

On April 17th, we will be going on a trip to Hoboken, N.J., to learn about the life of Frank Sinatra. We will be sharing a bus with Greenwich. Our Senior show, "That's Entertainment," will be performed twice on June 8th. Everyone has been working hard getting their songs ready and the choir really sounds great. Lucille Lividini has agreed to help us with choreographing and putting the show together. Cost of the show tickets will be \$5.

In May, along with the flowers, we will also be starting a eight-week class in balancing. Eileen Bynes will be the instructor and we will not be charging for this class. This is a very dangerous problem facing all people over 55 and is the major cause of falling. This class will start on the 4th and go for 8 weeks. Also, on May 17 we will be traveling to the Platz Brauhaus in Pamona ,N.Y., to the Lobsterfest.

In March, 1,700 newsletters were distributed, among mailings, deliveries to Bishop Curtis and Reynolds Ridge, and those picked up at the Senior Center. Visiting the Center in February, we had an average of 105 people a day. The next AARP Driving class is on April 10. We have not been informed yet as to whether our budget has been cut or left as is.

Upcoming Trips in 2012

April 12	Crooners and Cannoli - \$ 74
April 17	Mohegan Sun -\$25
May 17	Lobster Fest at Platz BrauhAus - \$69
June 14	George M.- Westchester Playhouse - \$ 83
June 27-July 1	Elkins, W.V. - \$ 749
July 10	Sail a Tall Ship Around Manhattan - \$ 74
Aug. 16	Good Vibrations - \$88

Respectfully submitted,
Kathleen Oles, Director, Bethel Senior Center
Heather Rogalski, Assistant Director, Bethel Senior Center