

# BETHEL PARKS & RECREATION

## Activities for Winter 2016-17

Check out our

**ONLINE REGISTRATION**

At [www.bethel-ct.gov](http://www.bethel-ct.gov)

- \*Go to the Parks and Rec. Department
- \*Click on the NEW Program Registration Link

Online & in person registration opens  
Wednesday, November 9<sup>th</sup>  
at 9:00am  
Credit Cards now accepted



REGISTRATION DEADLINE: **Monday, NOVEMBER 28<sup>th</sup>, 2016**

**\*\*\*NO REFUNDS AFTER FIRST CLASS \*\*\***  
Cancellations must be made in writing.



*Like us on Facebook at Bethel Parks and Recreation*

CLIFFORD J. HURGIN MUNICIPAL CENTER, 1 SCHOOL STREET, BETHEL, CT 06801  
PHONE: 203-794-8531 • FAX: 203-778-7519

# REGISTRATION INFORMATION

## WINTER REGISTRATION

DATE: WEDNESDAY, NOVEMBER 9<sup>th</sup>, 2016  
TIME: 9:00 A.M. – 4:30 P.M.  
LOCATION: PARKS & RECREATION OFFICE  
DEADLINE: MONDAY, NOVEMBER 28<sup>th</sup>, 2016

All participants must be registered before the first day of the program. Once a program has begun no registrations will be accepted.

### OFFICE HOURS

8:30 a.m. – 4:30 p.m.

**Please note: The night staff is not permitted to take registrations or payments.**



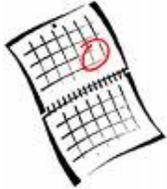
### LATE FEE

A \$10 late fee per program will be assessed for all registrations submitted after the deadline date. *Programs may reach maximum capacity before the deadline date – early registration is recommended.*



### NON-RESIDENT

Registrations for non-residents will not be accepted until November 14<sup>th</sup> for an additional \$15.00 fee per quarter.



### AGE REQUIREMENT

Children must meet the age requirement within the session of the program for which they're registered. Proof of age may be required.



### SENIOR CITIZEN DISCOUNT

Participants ages 60 and up are eligible for a \$10 discount **per person** (not activity), excluding trips and health exercise classes under \$50.00.

## DEPARTMENT POLICY

All Bethel Parks and Recreation programs are inclusive. We are committed to assuring equal access to programs, activities and services to all individuals. During the course of our programs we may be, at times, taking photos or filming the activities and its participants for instructional purposes or Public Television. For more information, please contact the office at 794-8531.

## CANCELLATION POLICY

If Bethel schools are cancelled or have an early dismissal due to weather, all Parks and Recreation programs will be cancelled. Athletic fields may close due to inclement weather. Cancellation information may be obtained by calling us at 794-8531 and choosing option #1.

**\*\*Missed classes will be made up at the end of the session.\*\***

## WEEKEND CANCELLATIONS

Please contact your SPORTS ASSOCIATION or COACH.

### **Bethel Baseball Association**

[www.bethel-baseball.com](http://www.bethel-baseball.com)

### **Bethel Youth Soccer Association**

[www.bethelsoccer.org](http://www.bethelsoccer.org)

### **Bethel Softball Association**

[www.leaguelineup.com/bethelsoftball](http://www.leaguelineup.com/bethelsoftball)

### **Bethel Youth Lacrosse Association**

[www.bethellacrosse.com](http://www.bethellacrosse.com)

### **Bethel Youth Football**

[www.bethelyouthwildcats.com](http://www.bethelyouthwildcats.com)

### **Bethel Youth Wrestling**

[www.BethelYouthWrestlingClub.com](http://www.BethelYouthWrestlingClub.com)

## REFUND POLICY /RETURN CHECK



Return check charge fee is \$28.00. All refunds are subject to a \$10 administration surcharge.

If the Parks & Recreation Department cancels a program a full refund is given. No refunds will be given after the first class, unless extenuating circumstances arise.

### STAFF

EILEEN EARLE, DIRECTOR  
RACHAEL MCGRATH, RECREATION SUPERVISOR  
JANET BEOTE, SECRETARY  
MAUREEN DEFAZIO, PROGRAM COORDINATOR

### PARKS STAFF

TROY ANDROS  
SEAN FESH  
MATT HUNT  
JIM ROBINSON

### COMMISSION

MEGHAN O'CONNOR, CHAIRPERSON  
PAT MORTON  
SCOTT PERRY  
GARY REGAN  
KEVIN RILEY  
KEEGAN SHAW  
LOU VALENTI

PHONE: 203-794-8531

FAX: 203-778-7519

## NYSCA CLINIC & Background Check

All parents interested in coaching or helping out with any sports **MUST** be certified by the NYSCA, and have a yearly background check. You may renew, add a sport or take the initial clinic online. You will need your membership number if you're currently certified.

You can find a link on how to get NYSCA certified, and the link to our online background check on our website:

1. [www.bethel-ct.gov](http://www.bethel-ct.gov)
2. Go to the Parks and Rec. Department
3. Under Additional Links click on "Coaches Certification and Background Check"



Please contact our office if you have any questions at 203-794-8531.

## Adult Programs



### Art for Adults

An art class for adults of various levels, instruction will be given on both an individual and class basis.

Beginner students are welcome and participants may work in the medium of their choice. Contact Adele at 744-7690 with any questions.

Day: Monday Date: 1/9 – 3/13 (8 wks.)  
Time: 7:00 – 9:00 p.m. No Class: 1/16, 2/20  
Fee: \$75.00 Place: Senior Center Ceramics Rm.  
Instructor: Adele Moros

### Zumba

Ditch the workout, join the party! Zumba is a Latin-inspired, dance fitness class that incorporates Latin and international music and dance movements, which creates a dynamic, exciting and effective fitness system. An average class can burn from 500-800 calories!

This class is open to **ages 15 & up**. A minimum of 20 participants is required. Please wear aerobic fitness or dance sneakers and bring water and a towel.

Day: Monday Date: 12/5 – 2/13 (8 wks.)  
Time: 6:00 – 7:00 p.m. No Class: 12/26, 1/2, 1/16  
Fee: \$80.00 Place: Municipal Center G.P. Room  
Instructor: Ariana Mesaros



### Pilates

Strengthen core muscles through controlled movement and breathing. Pilates leads to improvement in posture, flexibility and body awareness. Modifications provided for all levels. Please bring a yoga mat, towel and one set of 2-5 pound weights.

Day: Wednesday Dates: 12/7-2/1 (8 wks.)  
Time: 6:30 – 7:30 p.m. No Class: 12/28  
Fee: \$80.00 Place: Municipal Center Stage  
Instructor: Debbie Nichols



## Adult Programs, continued



### Body By Bethel

Have fun with a certified personal trainer leading you in a Total Body Workout designed to increase your strength, balance and flexibility.

We use weights, medicine balls, steps, balance disks, and bands.

Minimum of 10 participants per class.

Day: Tues. & Thurs. Dates: 12/6 – 2/2 (16 classes)  
Time: 9:00- 10:00 a.m. No Class: 12/27, 12/29  
Fee: \$85.00 Place: Municipal Center Gym  
Instructor: Penny Cidri

### Shape UP-Get Ready

Get ready to tone your abs, arms, buns and legs and get a killer cardio workout using combinations of all types of weight work and cardiovascular challenges. The class provides overall physical conditioning that can improve endurance, strength, flexibility, coordination and balance.

Minimum of 10 participants per class.

Day: Tuesday Dates: 12/6-1/31 (8 classes)  
Time: 6:00 - 7:00 p.m. No Class: 12/27  
Fee: \$45.00 Place: Municipal Center G.P. Rm.  
Instructor: Laurie Leavy  
Certified Personal Trainer

### Vinyasa Yoga

This mixed level Vinyasa Yoga class is open to all levels. The class will focus on the principles of an alignment based yoga practice that will allow the mind to quiet as students connect breath with movement. Modifications are offered for all levels. Raffaella began her journey of yoga in an effort to free herself of chronic low back pain. After trying a variety of styles, she found Vinyasa yoga with Iyengar alignment offered her an environment to explore, learn and grow. It is this self discovery and connection with the mind and body that she encourages each of her students to take.

In 2014, she completed her 200-hour Yoga Alliance Certification at Yoga Culture in Danbury, CT with the guidance of Jenny Schuck and Wendy Hagen. She loves sharing yoga with others and encourages her students to open their mind and body to their personal journey of play, discovery and self-awareness -- on and off the mat. Drawing from her own experience of healing and increased awareness, she looks to educate and turn you on to your own personal journey.

Wear comfortable clothing; bring a mat and water bottle.

Day: Wednesday Date: 12/7-2/1 (8 wks.)  
Time: 10:30-11:30 a.m. No Class: 12/28  
Fee: \$85.00 Place: Municipal Center Stage  
Instructor: Raffaella Arcamone



## Adult Programs, continued

### Tai Chi Ch'uan - Breath, Relax, Enjoy

Learn the healing Art of Tai Chi and Qi Gong. This ancient Chinese system is a gentle form of physical exercise that consists of slowly flowing movements and shifts of balance that strengthen and condition the entire body.

These movements train you for balance and body awareness, leading to confident ease of movement in everyday life. Tai chi and Qi Gong is safe for all levels of physical ability! Receive the following benefits of practicing Tai Chi and Qi Gong regularly:

Reduced Stress	Gentle Aerobic Exercise
Reduced Blood Pressure	Improved Immune Function
Reduced Risks of Injury	More Efficient Breathing
Increased Bone Density	More Relaxed Mind.
Increased Hip, Leg, and Knee Strength	
Improved Balance and Range of Motion	

#### Ages: 18 & Over

Day: Thursday      Dates: 12/8 – 2/2 (8 classes)  
Time: 7:00 – 8:00 p.m.      No Class: 12/29  
Fee: \$85.00      Place: Municipal Center Stage

Instructor: Nancy Ryan, 20 years experience studying and practicing Tai Chi and presently teaches weekly at Ann's Place – The Home of I CAN in Danbury.



## Children's Self Defense



**r.a.d** (resist aggression defensively) **KIDS** is a personal empowerment safety education class for children, **grades k-3<sup>rd</sup>**, that strengthens family, encourages physical fitness and teach core safety values to live by through its program.

Fun, activity-based programs include lecture, safety drills, muscle memory exercises and dynamic simulation with a focus on personal safety at home and school, realistic defense against abduction, good-bad-uncomfortable touch, stranger awareness and personal empowerment.

Wear comfortable clothing and sneakers as there will be some low-impact physical activities. Class is LIMITED to 10.

Days: Tuesday      Dates: 1/10-3/7 (8 wks.)  
Time: 3:30-4:30 p.m.      No Class: 2/21  
Fee: \$15.00  
Place: Rockwell School Cafeteria  
Instructor: Detective Lynn Morris,  
Bethel Police Dept.

## Martial Arts

### Lil Dragons (ages 5-6)\*\*

### Junior Beginners (ages 7-12)\*\*

**\*\*These programs are ONLY available as a 1 time introductory program.  
\*\*ONLY 6 WEEKS!\*\***

This program will introduce your child to the great benefits of the martial arts like focus, discipline, respect, physical fitness, confidence, self-defense and safety. The drills and skills are age and maturity specific and the kids have a great time while doing it.

**Classes are twice a week.**

Maximum: 10 students

Days available: (MUST write down which 2 days)

#### Lil Dragons ages 5-6

Mon. 4:30-5:00  
Tues. 5:45-6:15  
Wed. 4:30-5:00  
Thurs. 5:45-6:15  
Fri. 4:00-4:30

#### Jr. Beginners ages 7-12

Mon. 5:00-5:45  
Tues. 6:15-7:00  
Wed. 5:00-5:45  
Thurs. 6:15-7:00  
Fri. 4:30-5:15

Dates: 12/5 – 2/10  
Fee: \$69.00 (6 weeks)

No Class: 10/23, 1/2, 1/16  
Place: Karate America

Students must purchase a uniform from Bethel Academy of Martial Arts before starting the program; please call: 203-792-1050



## American Red Cross



### Babysitting Course

American Red Cross Babysitting Course for any youth **11 years old and up**. The class will offer students all the necessary tools to become a reliable and safe babysitter.

Students will learn basic childcare, safety precautions, child development, appropriate toys and more. Students will receive a handbook with all the information needed to serve as a reference.

Please bring a lunch and drink to class. Participants have to meet requirements of the course to receive certification.

Day: Saturday      Date: 2/25  
Time: 9:00 – 3:00 p.m.  
Fee: \$70.00 (supplies included)  
Place: Senior Center Ceramics Room  
Instructor: Peggy Boyle



## Youth Sports

### Youth Sports

Come join an after school youth sports program to introduce and play a variety of sports. Children **grades K-3** will learn a variety of sports such as soccer, floor hockey, kickball, and wiffle ball. Each week will bring a new activity. Class sizes are limited. Instructor: Parks and Rec. Staff

#### Berry School

##### Grades K-1

Day: Wednesday Dates: 1/11- 3/1 (8 wks.)  
Time: 3:30 – 4:30 p.m. No Class:  
Fee: \$60.00 Place: Berry School Gym



##### Grades 2-3

Day: Tuesday Dates: 1/10 – 3/7 (8 wks.)  
Time: 3:30 – 4:30 p.m. No Class: 2/21  
Fee: \$60.00 Place: Berry School Gym

#### Rockwell School

##### Grades K-1

Day: Monday Dates: 1/9 -3/13 (8 wks.)  
Time: 3:30 – 4:30 p.m. No Class: 1/16, 1/20  
Fee: \$60.00 Place: Rockwell Gym



##### Grades 2-3

Day: Thursday Dates: 1/12 – 3/2 (8 wks.)  
Time: 3:30 – 4:30 p.m. No Class:  
Fee: \$60.00 Place: Rockwell Gym



### Youth Volleyball

Volleyball is a popular sport that is played professionally, as well as in recreational leagues, on school teams, in backyards, sandlots, or beaches!

So come join a fun after school *youth volleyball program* for **boys and girls in grades 4-8!** This program will teach the basic skills of volleyball including serving, setting, bumping, etc. Instruction will take place first then games.

Parents please pick up your children at 4pm as there is **NO** late bus transportation for students enrolled in this program.

##### Grades 4 - 8

Day: Wednesday Dates: 1/11 – 3/1 (8 wks.)  
Time: 3:00-4:00 p.m. No Class:  
Fee: \$60.00  
Place: Johnson School Gym  
Instructor: Amy Gusitch



## Gymnastics

### Fun with Tumbling



This class is an introduction to all phases of gymnastics for children **3 & 4 years old**. Tumbling, vault, bars and beams will be explored.

Children will be divided into groups and rotate among the equipment with instructors. Note: This is a parent **drop-off** class and children must be potty trained.

##### 3 year olds

Day: Saturday Dates: 12/10 – 2/11 (8 wks.)  
Time: 9:00 – 9:45 a.m. No Class: 12/24, 12/31  
Fee: \$55.00 Place: Municipal Center G.P. Rm.

##### 4 year olds

Day: Saturday Dates: 12/10 – 2/11 (8 wks.)  
Time: 9:45 – 10:30 a.m. No Class: 12/24, 12/31  
Fee: \$55.00 Place: Municipal Center G.P. Rm.  
Instructor: Becca Lienhardt



### Fun with Gymnastics

This class offers further exploration on all four apparatuses in gymnastics. Children will be divided into skill levels and rotate in groups among floor, vault, beam and bars.

Girls in the ages 7 & up class are encouraged to wear leotards with shorts, pants or tights and wear long hair pulled back. Boys may wear typical gym attire.

##### 5 & 6 year olds

Day: Saturday Dates: 12/10 – 2/11 (8 wks.)  
Time: 10:30–11:30 a.m. No Class: 12/24, 12/31  
Fee: \$65.00 Place: Municipal Center G.P. Rm.

##### Ages 7 & up

Day: Saturday Dates: 12/10 - 2/11 (8 wks.)  
Time: 11:30–12:30 a.m. No Class: 12/24, 12/31  
Fee: \$65.00 Place: Municipal Center G.P. Rm.  
Instructor: Becca Lienhardt

## Art & Performance Programs

### Children's Fine Arts



These exciting art classes cover everything from drawing to painting, sculpture, and mixed media. Kids in **grades K-3** are invited to come get their creative juices flowing and join in the fun!

The instructor provides all supplies, so all you need to do is come to class! Our goal is to help develop your own style and most important, to have fun creating beautiful pieces of artwork that are an extension of your own individual creativity!

Day: Thursday      Dates: 1/5 – 2/23      (8 wks.)  
Time: 4:00 –5:00 p.m. No Class:  
Fee: \$75.00 (supplies included)  
Place: Senior Center Ceramics Room  
Instructor: Adele Moros

### Art for Children

This exciting and creative art class is geared towards young artists in **grades 4 – 8** who enjoy drawing and painting!

Students will have FUN using pastels, watercolors and tempera in development of their individual talents. Composition, design, color and technique are also emphasized. If you really want to improve your drawing and painting skills, then this is the class for YOU!

Day: Tuesday      Dates: 1/3 – 2/21      (8 wks.)  
Time: 4:00 –5:30 p.m. No Class:  
Fee: \$75.00 (supplies included)  
Place: Senior Center Ceramics Room  
Instructor: Adele Moros



### Let's Act!!

In this dynamic 8-week class students will enhance their creativity and build confidence while learning the fundamentals of theater through a variety of activities including improvisation and theater games.

Students should wear comfortable clothing and come prepared to have fun!! Classes are in the Municipal Senior Center Cafeteria.

#### Grades 3 - 5

Day: Saturday      Dates: 1/7 – 2/25      (8 wks.)  
Time: 9:30-10:30 a.m. No Class:  
Fee: \$75.00  
Place: Senior Center Cafeteria

#### Grades 6 - 8

Day: Saturday      Dates: 1/7 – 2/25      (8 wks.)  
Time: 10:30-11:30 a.m. No Class:  
Fee: \$75.00  
Place: Senior Center Cafeteria  
Instructor: Beth Salvador

## Dance Programs

### Seven Star School of Performing Arts

The Seven Star School of Performing Arts is committed to today's complete performer. They care as much about training young performers as they do about educating responsible, dynamic leaders.

#### Dress Code

**Girls**, pink leotard with tights, pink ballet/jazz shoes, and tan tap shoes.

**Boys**, black shirt, black shorts or pants and black shoes

**All Classes will be on the Municipal Center Stage.**

### Broadway Babies

This introductory program for **ages 3-4 years** old is designed to enhance rhythm skills, coordination, musicality and a genuine love for the art of dancing, singing and acting. The 2-hour class contains ballet, tap, tumbling, singing and acting. Please bring a light snack. There will be a parent observation during the last class of the session.

Day: Friday      Dates: 12/9 – 2/10 (8 wks)  
Time: 10:15 -12:15 p.m. No Class: 12/23, 12/30

Day: Friday      Dates: 12/9 – 2/10 (8 wks)  
Time: 11:15 -1:15 p.m. No Class: 12/23, 12/30

Fee: \$130.00      Instructor: Jacqueline Madera



### Pre-Dance

This introductory class for children **ages 3-4 years** old is designed to enhance rhythm skills, coordination, musicality and a genuine love for the art of dance.

Basic ballet, tap and tumbling skills are offered in this one-hour class. There will be a parent observation during the last class of the session.

Day: Friday      Dates: 12/9 – 2/10 (8 wks)  
Time: 10:15 -11:15 p.m. No Class: 12/23, 12/30

Day: Friday      Dates: 12/9 – 2/10 (8 wks)  
Time: 12:15 - 1:15 p.m. No Class: 12/23, 12/30

Fee: \$85.00      Instructor: Jacqueline Madera

### Hip Hop

This class will introduce a series of hip hop moves set to modern, trendy, and age appropriate music. **Dress Code** for both boys and girls: comfortable clothing and sneakers. There will be a parent observation during the last class of the session.

#### Ages: 5 – 7

Day: Friday      Dates: 12/9 – 2/10 (8 wks)  
Time: 5:30 – 6:15 p.m. No Class: 12/23, 12/30

#### Ages: 8 – 11

Day: Friday      Dates: 12/9 – 2/10 (8 wks)  
Time: 7:15 –8:00 p.m. No Class: 12/23, 12/30

Fee: \$65.00      Instructor: Jacqueline Madera



## Dance programs, continued

### Ballet, Tap, Jazz

Basic ballet, tap and jazz will be taught during this class. This is an introductory program designed to enhance coordination, rhythm and musicality. There will be a parent observation during the last class of the session.

#### Ages: 5 – 7

Day: Friday Dates: 12/9 – 2/10 (8 wks)  
Time: 4:30-5:30 p.m. No Class: 12/23, 12/30

#### Ages: 8 – 11

Day: Friday Dates: 12/9 – 2/10 (8 wks)  
Time: 6:15-7:15 p.m. No Class: 12/23, 12/30

Fee: \$85.00 Instructor: Jacqueline Madera

### \*Saturday Dance!\*

These dance classes from Seven Stars will run for **8 weeks**, and will conclude with a **parent observation during the last class**.

All classes will be on the Municipal Center Stage

### Ballet & Tap

Basic ballet and tap will be taught during this introductory 8 week class for children ages 3 – 4. This class is designed to enhance rhythm skills, coordination, musicality and a genuine love for the art of dance!

#### Ages: 4

Day: Saturday Dates: 12/10 – 2/11 (8 wks)  
Time: 9:00-9:45 a.m. No Class: 12/24, 12/31  
Fee: \$65

#### Ages: 3

Day: Saturday Dates: 12/10 – 2/11 (8 wks)  
Time: 9:45-10:30 a.m. No Class: 12/24, 12/31  
Fee: \$65.00  
Instructor: Janet DePaul



### Jazz & Hip Hop

Basic jazz moves will be taught, and hip hop moves set to modern, trendy, and age appropriate music.

**Dress Code** for both boys and girls is a black t-shirt, black shorts or pants and black sneakers.

#### Ages: 7 & older

Day: Saturday Dates: 12/10 – 2/11 (8 wks)  
Time: 10:30-11:30a.m. No Class: 12/24, 12/31  
Fee: \$85.00

#### Ages: 5 & 6

Day: Saturday Dates: 12/10 – 2/11 (8 wks)  
Time: 11:30-12:30p.m. No Class: 12/24, 12/31  
Fee: \$85.00  
Instructor: Janet DePaul



## Toddler Programs (Parent stays)

### Tot Tunes

A musical program for children **18 months – 3 years** old.



The children will learn songs, poems and finger plays, play rhythm instruments and move to music while developing rhythm, coordination and listening skills.

**Parents will accompany the child** in class. Classes are limited to 12 children per class.

Day: Thursday Dates: 12/8 – 2/2 (8 wks)  
Time: 10:00-10:30. No Class: 12/29  
Fee: \$55.00 Place: Municipal Center Stage



### Mix-it-up

This NEW fun and exciting program will combine both arts and crafts with fun activities and is open to all 2-2 ½ year olds and their parent.

It will be a great way *for both you and your toddler* to meet and make new friends.

Day: Friday Dates: 12/9 – 2/10 (8 wks.)  
Time: 9:00 – 10:30 a.m. No Class: 12/23, 12/30  
Fee: \$65.00 Place: Municipal Center Gym  
Instructor: Sharon DiBuono

### Just You & Me – Fun with Games

Open to all **2– 2 ½ year olds**. This fun and exciting program will introduce games such as red light-green light, duck, duck goose, tag, parachute games and many more.

Come have an **ACTIVE** and **fun time with your child** in a safe and controlled environment.

Day: Wednesday Dates: 12/7 – 2/1 (8 wks.)  
Time: 9:00 – 10:00 a.m. No Class: 12/28  
Fee: \$55.00 Place: Municipal Center Gym  
Instructor: Sharon DiBuono



## Preschool Programs (Drop Off)

### Story Time Crafts



This class is for children ages **2 ½ - 3 ½ years old**. The children will enjoy a fun morning listening to a story. They will then make a craft that relates to the story they just heard!

Please note that **parents do not stay** for this program.  
**CHILD MUST BE POTTY TRAINED.**

Day: Friday                      Dates: 12/9 – 2/10                      (8 wks.)  
Time: 10:30–11:45 a.m. No Class: 12/23, 12/30  
Fee: \$65.00                      Place: Municipal Center Gym  
Instructor: Sharon DiBuono



### Crafts on the Go

Children ages **2 ½ - 3 ½ years old** will enjoy a story and related craft followed by gym time.

Please note that **parents do not stay** for this program.  
**CHILD MUST BE POTTY TRAINED.**

Day: Monday                      Dates: 12/5 – 2/13                      (8 wks.)  
Time: 11:30-1:00 p.m. No Class: 12/26, 1/2, 1/16  
Fee: \$70.00                      Place: Municipal Center Gym  
Instructor: Sharon DiBuono



### Lunch Bunch

Children ages **2 ½ - 5 years old** bring lunch or a snack, eat with your friends and unwind on a fun afternoon filled with free play, art projects and other fun games.

It's all about fun! So come and have a good time.

Please note that **parents do not stay** for this program.  
**CHILD MUST BE POTTY TRAINED.**

Day: Thursday                      Dates: 12/8 – 2/2                      (8 wks.)  
Time: 11:45–1:00 p.m. No Class: 12/29  
Fee: \$65.00                      Place: Municipal Center Gym  
Instructor: Sharon DiBuono

### Games for Tots

Children ages **2 1/2 - 5 years old** will learn and play fun playground games. Come play games such as red light-green light, duck duck goose, tag, parachute games and many more.

Please note that **parents do not stay** for this program.  
**CHILD MUST BE POTTY TRAINED.**

Day: Friday                      Dates: 12/9 – 2/10                      (8 wks.)  
Time: 12:00 –1:00 p.m. No Class: 12/23, 12/30  
Fee: \$60.00                      Place: Municipal Center Gym  
Instructor: Sharon DiBuono



## Preschool Programs (Drop Off)

### Creative Movement



Enjoy a variety of activities from moving to various types of music. We use the parachute, balls and beanbags, tell stories and do crafts.

Open to all **2 ½ -5 years old children**.  
Must be of age by January 1<sup>st</sup>, 2017.

Please note that **parents do not stay** for this program.  
**CHILD MUST BE POTTY TRAINED.**

Day: Monday                      Dates: 12/5 – 2/13                      (8 wks.)  
Time: 9:00-11:30 a.m. No Class: 12/26, 1/2, 1/16  
Fee: \$85.00                      Place: Municipal Center Gym  
Instructor: Sharon DiBuono

### Fun On The Run!!

Open to all **2 1/2 - 5 year olds**. This is an open gym/free play activity, where your child will have an opportunity to burn off some energy with all their friends.

Activity stations will be out in the gym, and children will have the freedom to move to each activity. There will be some organized activities, such as parachute games, red light green light, and more!!

Please note that **parents do not stay** for this program.  
**CHILD MUST BE POTTY TRAINED.**

Day: Monday                      Dates: 12/5 – 2/13                      (8 wks.)  
Time: 1:00-2:30 p.m. No Class: 12/26, 1/2, 1/16  
Fee: \$55.00                      Place: Municipal Center Gym

Day: Thursday                      Dates: 12/8 – 2/2                      (8 wks.)  
Time: 1:00-2:30 p.m. No Class: 12/29  
Fee: \$55.00                      Place: Municipal Center Gym  
Instructor: Sharon DiBuono

### Creative Tiny Tots

This is a creative preschool program for boys and girls **ages 3 - 5 by March 31, 2017** that will involve an introduction to letter, numbers, shapes, colors, craft projects, stories, games and music.

Children should bring a small snack with them.  
**CHILD MUST BE POTTY TRAINED.**

Day: Tuesday                      Dates: 12/6 – 1/31                      (8 wks.)  
Time: 9:00 –11:30 a.m. No Class: 12/27  
Fee: \$85.00                      Place: Municipal Center Gym

Day: Tuesday                      Dates: 12/6 – 1/31                      (8 wks.)  
Time: 12:00 –2:30 p.m. No Class: 12/27  
Fee: \$85.00                      Place: Municipal Center Gym

Day: Wednesday                      Dates: 12/7 - 2/1                      (8 wks.)  
Time: 10:00–12:30 p.m. No Class: 12/28  
Fee: \$85.00                      Place: Municipal Center Gym

Day: Wednesday                      Dates: 12/7 – 2/1                      (8 wks.)  
Time: 12:30 –3:00 p.m. No Class: 12/28  
Fee: \$85.00                      Place: Municipal Center Gym  
Instructor: Sharon DiBuono

## Preschool Programs (Drop Off)

### Intro to Kindergarten Readiness



A fun filled program for preschoolers **5 years old, by December 31, 2017**, who are **not** currently enrolled in the Kindergarten Readiness program.

An Introduction to letters, numbers, and other Kindergarten type activities will be offered. Minimum number of students needed to run the class is 8.

Day: Saturday                      Dates: 12/10 – 2/11      (8 wks.)  
Time: 9:00-10:30 a.m.      No Class: 12/24, 12/31  
Fee: \$85.00                      Place: Municipal Center Gym  
Instructor: Sharon DiBuono

## Preschool Programs (Drop Off)

### Winter Break Camp



A daily camp program for children ages 3 - 6 by December 31, 2016. Activities will include arts and crafts, games and various activities.

Campers should bring a lunch & snack daily. Camp will be held at the Municipal Center. Class size has a minimum of 10 participants and maximum of 20.

**CHILD MUST BE POTTY TRAINED.**  
Day: Tues. – Fri.                      Dates: 12/27 – 12/30  
Time: 9:00 – 1:00 p.m.  
Fee: \$90.00                      Place: G.P. Room  
Instructor: Sharon DiBuono

# Pro Access Bethel's Teen Center

**Pro Access Bethel's Teen Center welcomes students currently in grade 7-12.**



**Come with your friends and make new ones!  
Enjoy games, food, outings and more!!**

**Past experiences include: Haunted Graveyard at Lake Compounce, Lock-out, Skyzone, Spa Day, Hypnotist, Lip Sync Party, Bronx Zoo, Relay for Life, Scavenger Hunts and Open Gym.**

**We are open on the following days and times:**

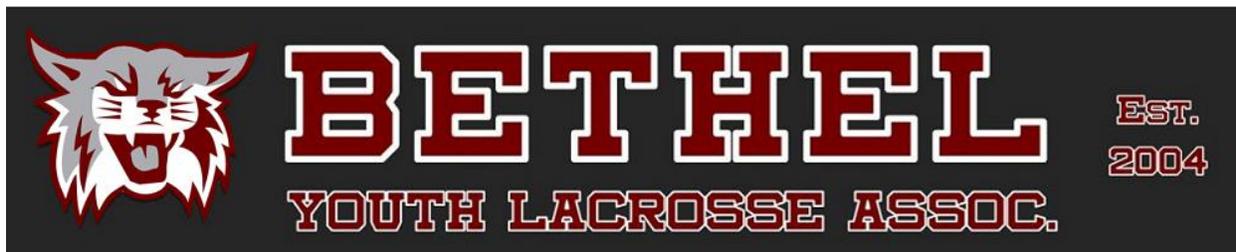
- *Wednesdays 2:30-6:00pm*
  - *Thursdays 7:00-9:00pm*
  - *Fridays 6:00-10:00pm*
- *For other special events, activities and service projects check out the weekly calendar!!*



***FIND US and LIKE us on Facebook, Twitter and Instagram!!***

**Any questions?**

**Contact Claudia Fortunato at: [teencenter@bethel-ct.gov](mailto:teencenter@bethel-ct.gov) or 203-778-7522**



## 2017 SPRING REGISTRATION

Register at [www.bethellacrosse.com](http://www.bethellacrosse.com)

- **GRADE-BASED PLAYER SEGMENTATION.** CONNY lacrosse has adopted a grade-based player segmentation policy for all member programs. The change was driven by the US Lacrosse age-based guidelines and their goal of increasing fairness and player safety. The new policy also addresses the confusing mix of CONNY age-based and grade-based teams that seriously complicated scheduling.
- **EARLY REGISTRATION REQUIREMENTS.** A lot of planning and scheduling with area towns takes place in January so knowing how many teams, the competitive level of each, will allow us to better manage the process. Uniform fittings for new players or returning players who need to upsize will need to take place the last week in January.
- **REGISTRATION COST.**
  - Returning Players - \$175.00 (plus annual US Lacrosse Membership \$25.00)
  - New Players - \$175.00 (plus annual US Lacrosse Membership \$25.00) \*\*New players are required to purchase a Game Day Uniform \$60.00 which is theirs to keep and use year after year until they grow out of it.
- **REGISTRATION PAYMENT PLAN OPTION!** – with the early registration requirements BYLA recognizes the need to offer a registration payment plan
  - \$100 time of registration and \$75 due Mid Feb or one-time payment of \$175.00 at time of initial registration
- **UNIFORMS.** – New players to BYLA or returning players who need to upsize, you can purchase in the Online Store. Boys Shooting Shirts are optional and all ordering will take place following uniform fitting.

Registration opens 11/1/2016 and will close 1/31/2017. Late Registrations after this date will result in an additional \$35.00 late fee.

**Rental Protective Equipment Option for New Players - BOYS under age 11 as of 8-31-2016. Limited to BYLA in stock quantities.** \$35.00 fee with option to purchase at seasons end.

## WINTER CLINICS at the DANBURY SPORTS DOME

- 4<sup>th</sup> Annual Winter Clinic at the Danbury Sports Dome. (8) Consecutive Sundays beginning 2/19 through 4/9. Boys 12pm-1pm and Girls 1pm-2pm. Open to Grades 1-8
- Cost \$100.00 (Only \$50.00 for those who are currently registered for fall)

[www.bethellacrosse.com](http://www.bethellacrosse.com)



**NOVEMBER, 2016 – JANUARY, 2017 PROGRAMS AT THE BETHEL PUBLIC LIBRARY**

Nov. 2	10:30-11:00	Fall Pre-School Storytime for ages 3-5 without adults. No registration required. November 2, 9 and 16.
Nov. 2	2:00-3:30 & 6:00-7:45	Coloring for Adults. November 2, 17 and December 15.*
Nov. 2	4:00-5:30	Teen EveryFandom for Grades 6-12. November 2, December 7 and January 4.*
Nov. 2	6:00-8:00	Holiday Cooking Show with Dawn Leahy, Director of the Silo Cooking School.*
Nov. 3	6:00-7:30	An Evening With the Bard: Crossed Wires & Innuendos.*
Nov. 4	10:30-11:00	Fall Terrific Twos for 2 year olds with an adult; siblings cannot attend. No registration required.
Nov. 7	6:00-7:30	iPad Class. November 7, December 5 and January 9.*
Nov. 9	6:00-7:45	Movie: Genius. Rated PG-13. <i>Please check the Library website (www.bethellibrary.org) for more new releases.</i>
Nov. 12	10:15-11:45	Poetry Group for Adults.*
Nov. 13	2:00-3:00	Books and Bricks for Grades 1-5.*
Nov. 14	6:00-7:30	3D Printing for Adults. November 14, December 12, January 14 and January 30.*
Nov. 14	6:30-7:00	PJ Storytime-for kids ages 3-8 without parent/caregiver. No Registration required. November 14, December 12 and January 9.
Nov. 16	6:00-7:45	Writers Group. November 16 and January 18.*
Nov. 16	6:30-7:30	Combined Chess Club for Grades 1-7 who understand the rules of the game. November 16 and December 14.*
Nov. 17	6:00-8:00	French Polynesia Travelogue with Dr. Gerard Brooker.*
Nov. 17	6:30-7:45	Teen Tech Thursday. November 17, December 8 and January 12.*
Nov. 19	2:00-4:00	Love Letters by A. R. Gurney performed by Rose Graziano and Jay Krass. <i>LOVE LETTERS</i> is presented by special arrangement with Dramatists Play Service, Inc., New York. It was presented at The Long Wharf Theatre, November 4, 1988-December 11, 1988 (M. Edgar Rosenblum, Executive Director; Arvin Brown, Artistic Director)
Nov. 28	6:30-7:45	Evening Book Discussion: A Covert Affair by Jennet Conant.
Nov. 29 - Dec. 6	Library Hours	Holiday Tree Decorating Week-through December 6. All ages with adult. No registration required.
Nov. 30	10:15-11:30	Morning Book Discussion: A Covert Affair by Jennet Conant.
Dec. 1	6:30-7:30	Ukulele with the Edukated Fleas.*
Dec. 6	10:30-11:15	Holiday Storytime-Kids ages 3-6 without adults. No registration required.
Dec. 7	6:30-7:45	Quarterly Classic Book Discussion: The Old Man & the Sea by Ernest Hemingway.
Dec. 12	6:30-7:45	Evening Book Discussion: TBA.
Dec. 14	10:15-11:30	Morning Book Discussion: TBA.
Dec. 17	2:00-3:00	Sing in the Season with the Connecticut Choral Society Chamber Singers.*
Jan. 11	6:30-7:45	Songs and Stories with Lenny Levine. For Adults Only.*
Jan. 18	6:30-7:30	Songs of the Second World War with Rick Spencer.*
Jan. 23	6:00-7:45	Evening Book Discussion: The Girl on the Train by Paula Hawkins.
Jan. 25	10:15-11:30	Morning Book Discussion: The Girl on the Train by Paula Hawkins.

\*Requires registration.

Most programs take place in the Maria Parloa Community Room, Cady R. Morse Conference Room, and the Children’s Programming Room at the Library, 189 Greenwood Avenue.  
Call (203) 794-8756 ext. 4 for more information, or go to the Library’s website at [www.bethellibrary.org](http://www.bethellibrary.org).

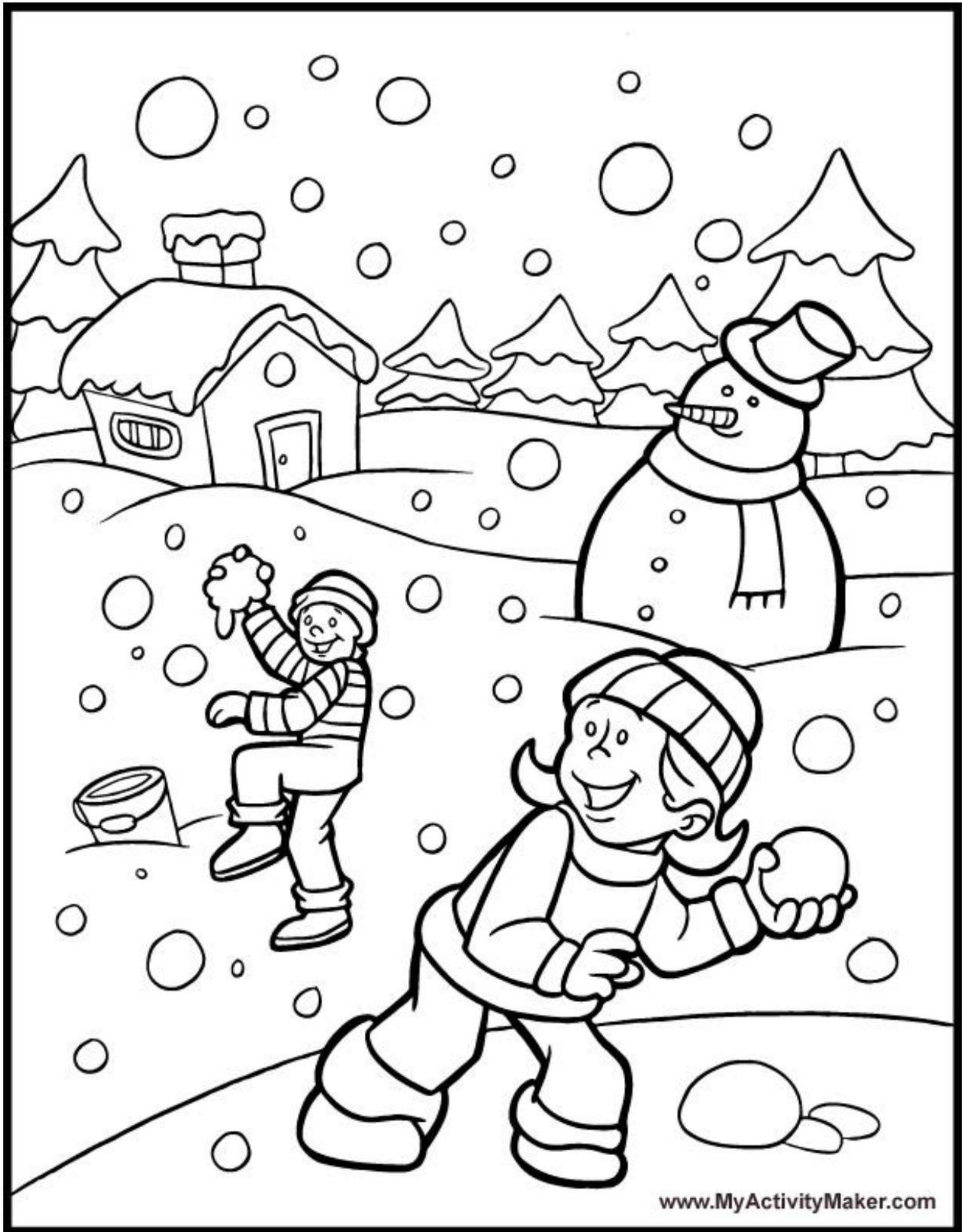


All programs sponsored by the Bethel Public Library are open to the public, and meet accessibility requirements for the disabled.

Those needing special accommodations should contact the library at least two weeks before the program date to make arrangements.



# Winter Wonderland



[www.MyActivityMaker.com](http://www.MyActivityMaker.com)